



FUNDAMENTALS SWIM CLINIC

HOSTED BY GMHS SWIM TEAM

GRADES 3-8

MAY 4, 2024

GROVEPORT RECREATION CENTER

10:00 AM - 12:00 PM

COST: \$15

PROCEEDS BENEFIT THE GMHS SWIM TEAM

Learn about explosive starts, strong underwaters,
and proper stroke technique.

Hosted by GMHS Swimmers & Coaches.

*This is not swimming lessons. Participants must be comfortable
in 12 feet of water*